

Instructions for **Heat Mouldable Trays**

Please watch our tutorials, read these instructions & terms and conditions before attempting the impression.

*Please Note: Do not attempt to take your impressions on a hot day or in overly warm conditions.

1

Assess The Tray

Place the tray into your mouth to assess which areas may require tray adjustment e.g Tuberosity region in dentulous cases or width of upper molar teeth region in dentate cases.

2

Dip Into Hot Water

Dip the selected part of the tray to be moulded in hot water at 70°C for **20 seconds**, the material will become soft and malleable at this stage.

3

Mould The Material

Mould the material to the desired shape. Retain in this position until hard (**approx. 10 seconds**). Allow the material to cool or dip in cold running water.

The material will retain in the exact moulded shape and maintain its full strength. This process can be repeated until the desired shape is achieved.

The Modified Tray Can Now Be Used to Take the Impression